

CIRCARE NEWSLETTER #2

MEETING IN VALENCIA




Valencia, May 2025

We continue to move forward in this exciting shared adventure, our CIRCARE project!

After the exciting start of last January in Udine (Italy), **Sargantana Circ Inclusiu**, from Valencia, has been the host in this **second transnational meeting of the project**. Last **May**, we welcomed our colleagues from **the Mini Art Foundation (Bulgaria)** and **Circo all'Incirca (Italy)** to continue weaving networks around **social circus as a tool for inclusion, resilience and empowerment**.

What is CIRCARE?

We remind you that **CIRCARE – Social Circus for Inclusion, Resilience and Empowerment** is a project funded by the Erasmus+ programme, framed in the **small-scale partnerships for adult education (KA210-ADU)**. It brings together three organizations committed to the circus and social transformation:

-  **Mini Art Foundation** (Sofia, Bulgaria) – Project Coordinator
-  **Circo all'inCirca** (Udine, Italy)
-  **Sargantana Circus Inclusiu** (Valencia, Spain)

The main objective: **to co-create a pedagogical methodology and a training kit on social circus**, aimed at trainers, social workers, artists and professionals who work with adults in vulnerable situations.

The Valencia meeting: work, circus and community

This second meeting took place on **6, 7 and 8 May 2025**, with **7 May as the central day**, in the city of Valencia, at the Sargantana Circ Inclusiu facilities.

During the meeting, various activities were developed in which key issues for the project were addressed, we carried out a **practical dynamic exchange of pedagogical tools**, where each of the project partners was able to expose the practices and techniques used in our countries exploring games, body techniques and expressive languages used in our workshops. Essential actions for the development of the **Social Circus Training Toolkit**.

We spent time planning to define the content and organization of the LTTA that will take place in Sofia, Bulgaria, aimed at trainers, educators and professionals in the sector. The intensive workshop will focus on adapting the methodology



to different contexts and needs, ensuring its applicability in various social realities.

A balance of the first meeting in Udine was also presented, highlighting the lessons learned and the challenges detected. Where the collaborators reflected on the evaluation of the activities and proposed adjustments to optimize the implementation of the methodology in the next phase of the project.

There was also space to discuss the **quality and evaluation criteria**, based on the indicators defined in the Project Management Plan.

Contents worked on

The meeting in Valencia not only served to strengthen ties, but also to promote important decisions in strategic terms:

Progress in the Social Circus Training Toolkit. All the partners contributed ideas and proposals to consolidate an educational tool that will integrate more than 15 recreational and training activities. This kit will become an open resource, which we will publish on our websites, available in several languages (English, Spanish, Italian and Bulgarian) and adaptable to various training needs.

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Strengthening transnational cooperation. The synergy demonstrated during the meeting reinforces the importance of working together. organization contributed its experience, which made it possible to identify areas for improvement and define common strategies to achieve the objectives of the project.

Preparation of the LTTA in Bulgaria: Relevant details were finalized for the intensive training held in Sofia, in which 12 professionals will participate, four professionals for each partner. These actions will be key to transferring the methodology to different contexts and enhancing the impact of the social circus in communities facing inclusion challenges.

Next Steps

The following actions within the framework of CIRCARE:

- **October 2025:** 3rd meeting in Sofia, Bulgaria

Thank you for being a part of it!

CIRCARE represents the strength of international cooperation. The integration of the experiences and knowledge of **the Mini Art Foundation, Circo all'inCirca and Sargantana Circ Inclusiu** is the basis for achieving results that have a positive impact on the lives of numerous people. The diversity of approaches and the passion for social circus have become the driving force behind this project, opening up new possibilities for social transformation through art.

We continue to work side by side so that the social circus is an instrument of change, learning and growth!

See you in Bulgaria!

